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2023

# The Prophet's (SAW) Mannerisms

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# Introduction

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## ❖ Role Model

*“And remind, for indeed, the reminder benefits the believers.” (Surah  
Adh-Dhariyat, Ayah 55)*





# Smiling

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- ❖ Form of charity without sacrifice

*Abu Dharr (RA) narrated that the Messenger of Allah said: "Your smiling in the face of your brother is charity..." (Jami` at-Tirmidhi 1956)*

- ❖ Requires minimal effort
- ❖ Manifesting happiness
- ❖ Try it with me!





# Smiling

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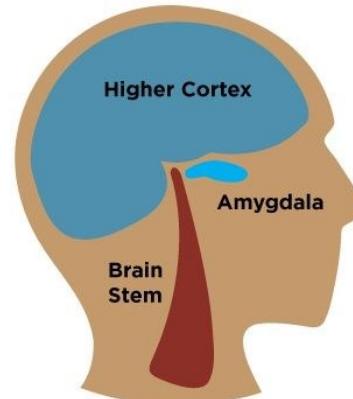
- ❖ Smiling is infectious
- ❖ Everyone needs them
- ❖ Fill someone else's bucket!



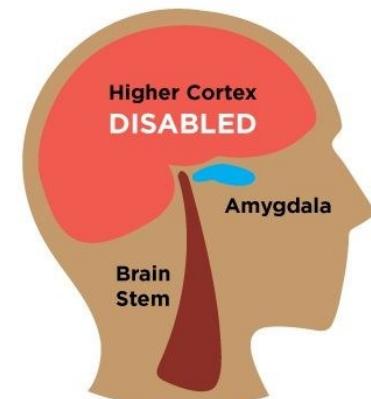


# Refraining from Arguing

- ❖ Lose temper in arguments
- ❖ Hijacked brain
- ❖ Count to 10



**LOW Emotion**  
(Calm, Relaxed)

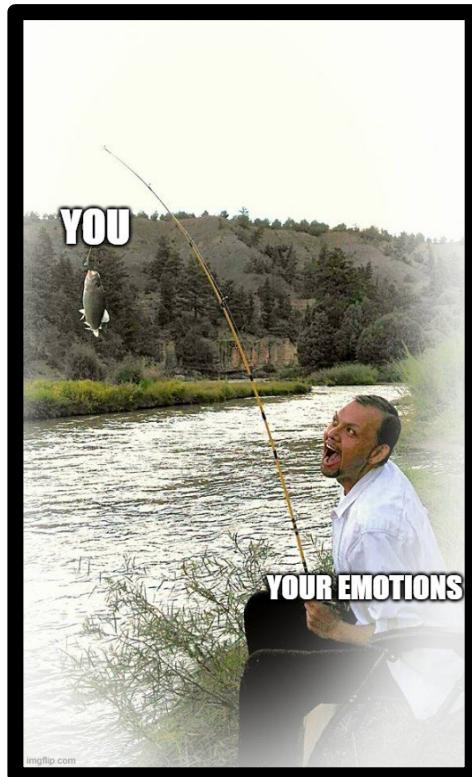
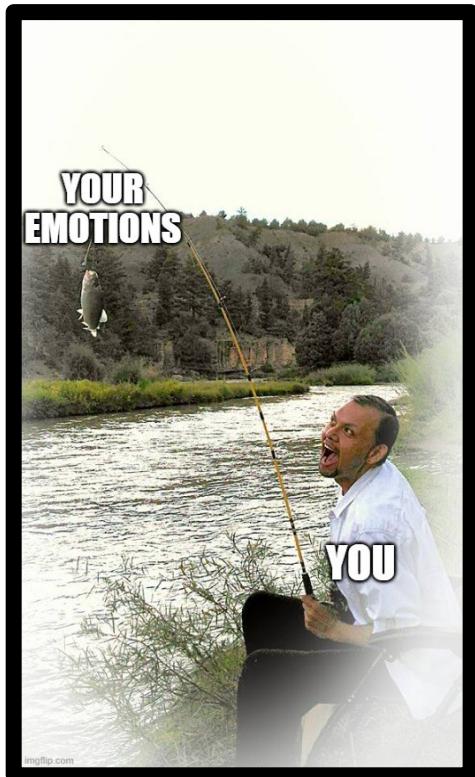


**HIGH Emotion**  
(Anger, Fear, Excitement, Love,  
Hate, Disgust, Frustration)



# Refraining from Arguing

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# Refraining from Arguing

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*Ibn 'Abbas reported an incident where two men defamed one another in front of the Prophet SAW, one of them reviled the other who remained silent. The Prophet SAW remained seated. Then the other man answered him back and the Prophet SAW got up. He was asked, "You got up?" He (SAW) said, "The angels left, so I left with them. While this man was silent, the angels were answering the one who cursed him. When he answered, the angels left." (Al Bukhari, Al-Adab Al-Mufrad 419)*



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# Refraining from Arguing

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- ❖ Avoid reciprocation
- ❖ Be emotionally intelligent
- ❖ Silence will be rewarded





# Interacting with Parents

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*Abdullah bin Amr (RA) narrated that: the Prophet said: "The Lord's pleasure is in the parent's pleasure, and the Lord's anger is in the parent's anger." (Jami' At-Tirmidhi 1899).*

- ❖ Strive to be in Allah's pleasure
- ❖ Be in your parents' good graces





# Interacting with Parents

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- ❖ Take advantage before it's too late
- ❖ Listen and give respect
- ❖ Fix the disconnection





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# Conclusion

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- ❖ The Prophet left countless solutions
- ❖ Bridge the gaps in our Ummah and families
- ❖ Manners are always in fashion!
- ❖ Consolidate our Ummah





Thank you for Listening!

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