



ENDURING TRAGEDY – PROPHET ﷺ'S JOURNEY THROUGH THE YEAR OF SORROW

Sumaiyyah Khan
Athabasca University

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Red & White Club, University of Calgary



Loss of Khadija رض

*His most beloved wife. Love of his life.
Mother of his children. His Comfort.
His biggest supporter.*



لَقَدْ خَلَقْنَا الْإِنْسَنَ فِي كَبَدٍ
“

We have created humankind in constant struggle.
Quran { 90: 4 }

“

إِنَّ مَعَ الْعُسْرِ يُسْرًا

Surely with hardship comes 'more' ease.

Quran { 94: 6 }



“

No fatigue, nor disease, nor sorrow, nor sadness, nor hurt, nor distress befalls a Muslim, even if it were the prick he receives from a thorn, but that Allah removes some of his sins for that.

Al-Bukhari 5641, 5642

Loss of Abu Talib

*His uncle.
His shield from the Quraish.
A father figure.*



”

لَا تَحْزُنْ إِنَّ اللَّهَ مَعَنَا

Do not worry; Allah is certainly with us

Quran { 9 : 40 }



Reaction of the people of Taif

They stoned the Prophet ﷺ so much so that he left the town wounded and dripping with blood.

”

اللَّهُ فِي عَوْنَى الْعَبْدِ مَا كَانَ الْعَبْدُ فِي عَوْنَى أَخِيهِ

... Allah will aid His servant so long as he aids his brother.

Hadith 36, 40 Hadith an-Nawawi



Key Takeaways

1. Acknowledge the grief or hardship
2. Everything is in the hands of Allah ﷺ
3. Focus on the Akhirah and the rewards of Jannah
4. Be kind to others and ease their problems
5. Do Dhikr and send Salawat

Thank You.

