



ENDURING TRAGEDY – PROPHET ﷺ'S JOURNEY THROUGH THE YEAR OF SORROW

Sumaiyyah Khan
Athabasca University

Feb 04, 2023
Red & White Club, University of Calgary



Loss of Khadija^{رض}

*His most beloved wife. Love of his life.
Mother of his children. His Comfort.
His biggest supporter.*





“

لَقَدْ خَلَقْنَا الْإِنْسَانَ فِي كَبَدٍ

We have created humankind in constant struggle.

Quran { 90: 4 }



إِنَّ مَعَ الْعُسْرِ يُسْرًا

Surely with hardship comes 'more' ease.

Quran { 94: 6 }





No fatigue, nor disease, nor sorrow, nor sadness, nor hurt, nor distress befalls a Muslim, even if it were the prick he receives from a thorn, but that Allah removes some of his sins for that.

Al-Bukhari 5641, 5642

Loss of Abu Talib

*His uncle.
His shield from the Quraish.
A father figure.*



“

لَا تَحْزَنْ إِنَّ اللَّهَ مَعَنَا

Do not worry; Allah is certainly with us

Quran { 9 : 40 }



Reaction of the people of Taif

They stoned the Prophet ﷺ so much so that he left the town wounded and dripping with blood.

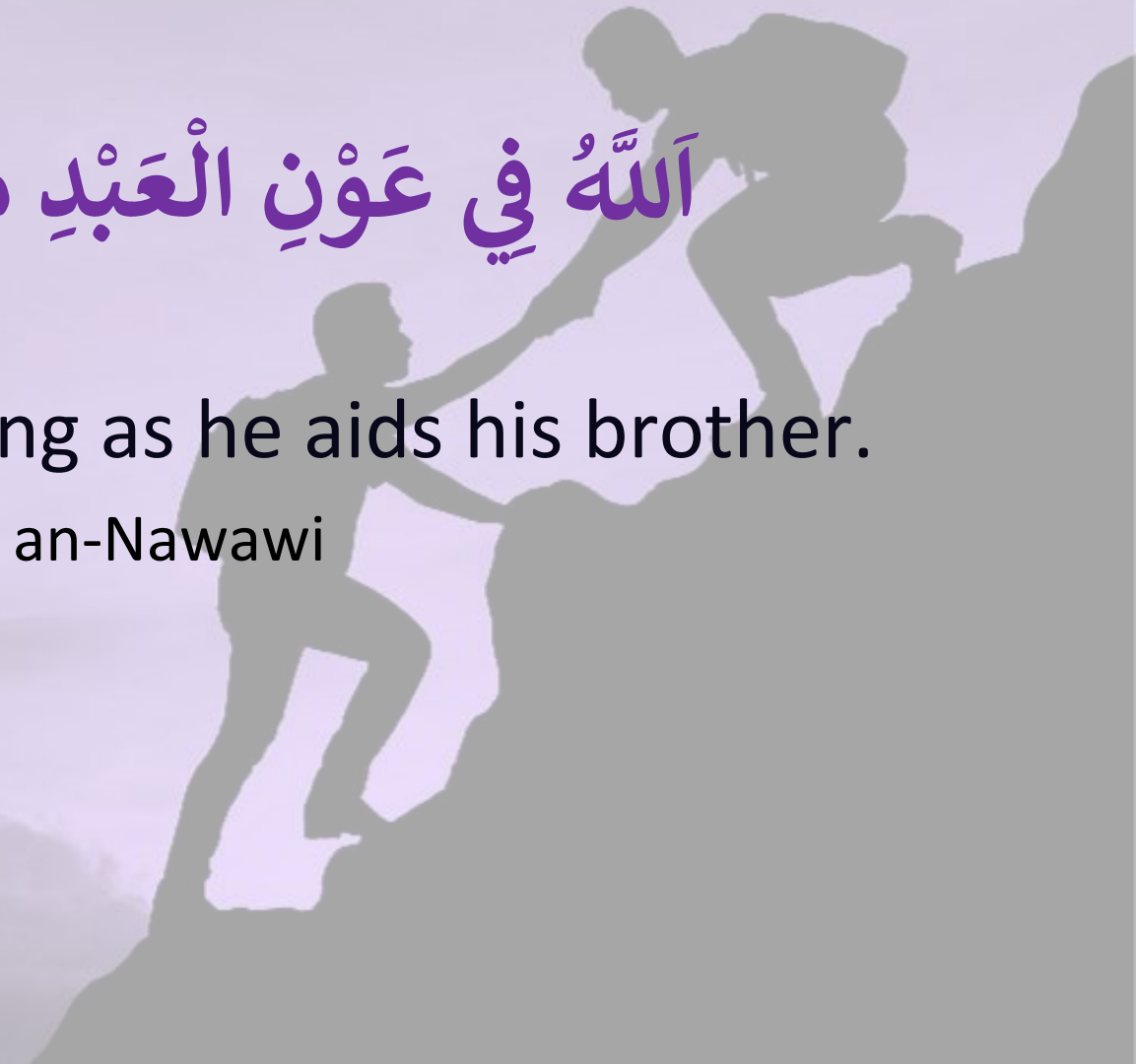




اللَّهُ فِي عَوْنِ الْعَبْدِ مَا كَانَ الْعَبْدُ فِي عَوْنِ أَخِيهِ

... Allah will aid His servant so long as he aids his brother.

Hadith 36, 40 Hadith an-Nawawi



Key Takeaways

1. Acknowledge the grief or hardship
2. Everything is in the hands of Allah ﷻ
3. Focus on the Akhirah and the rewards of Jannah
4. Be kind to others and ease their problems
5. Do Dhikr and send Salawat

Thank You.

